

# M9 ADHD PARENT SUPPORT GROUP



2016/7

COFFEE MORNINGS THURSDAYS 9.30AM – 12.00PM

## 2016

8<sup>th</sup> September  
22<sup>nd</sup> September  
6<sup>th</sup> October  
20<sup>th</sup> October  
3<sup>rd</sup> November  
17<sup>th</sup> November  
7<sup>th</sup> December  
15<sup>th</sup> December

## 2017

5<sup>th</sup> January  
19<sup>th</sup> January  
2<sup>nd</sup> February  
16<sup>th</sup> February  
2<sup>nd</sup> March  
16<sup>th</sup> March  
30<sup>th</sup> March  
13<sup>th</sup> April  
27<sup>th</sup> April  
11<sup>th</sup> May  
25<sup>th</sup> May

## VENUE:

**VICTORIA AVE LIBRARY AND  
LEARNING CENTRE (NEXT TO TESCO)**

Contact Lindsey on 07960 049486

or email

**M9ADHDPG@GMAIL.COM**



Find us on:  
**facebook®**

**M9 ADHD SUPPORT GROUP**

# **MISSION STATEMENT**

**M9ADHD Parent Support Group exists to support the families of children who have or are awaiting a diagnosis of ADHD/ASD.**

**M9 is run entirely by parents/carers and is independent of any Education or Clinical services.**

**M9 will run groups for parents and carers to give them a chance to meet others, discuss and share experiences.**

**M9 will raise awareness of ADHD and campaign for better services and improved social attitudes.**

**M9 will liaise with CAMHS and other services with the sole purpose of feeding back parents' views and improving support to children and families.**

**M9 will offer support and advice to parents around all aspects of ADHD and benefits support.**